



How Cruelty-Free Is Your Morning Routine?

Take our quiz and find out!

Give yourself one point for each product you have that wasn't tested on animals (use the partial list of cruelty-free companies on the following page), and then add up your tally and find your score below! Don't forget to check your bathroom cabinets, your shower, and your purse.



- | | |
|---|---|
| <input type="radio"/> Body Wash/Soap | <input type="radio"/> Deodorant |
| <input type="radio"/> Face Wash | <input type="radio"/> Moisturizer |
| <input type="radio"/> Shampoo | <input type="radio"/> Body Lotion |
| <input type="radio"/> Conditioner | <input type="radio"/> Hand Cream |
| <input type="radio"/> Hair Gel | <input type="radio"/> Perfume |
| <input type="radio"/> Hair Spray | <input type="radio"/> Body Spray |
| <input type="radio"/> Lip Balm | <input type="radio"/> Bubble Bath |
| <input type="radio"/> Powder | <input type="radio"/> Nail Polish |
| <input type="radio"/> Eye Drops | <input type="radio"/> Nail Polish Remover |
| <input type="radio"/> Contact Lens Solution | <input type="radio"/> Sunscreen |
| <input type="radio"/> Toothpaste | <input type="radio"/> Other _____ |
| <input type="radio"/> Mouthwash | |

Grand Total _____

If you checked ...

12 or more: **You're a cruelty-free queen!** We should stamp our bunny logo on your forehead. Keep up the compassionate shopping skills!

6 to 11: **There's still hope for you!** Next time you're at the store, just stick with the brands you earned points for and avoid the ones you didn't.

0 to 5: **Yikes!** You'd better not wait any longer to clean out your cabinets. E-mail PETAKids@peta.org for a cruelty-free pocket shopping guide to help you get started.



Companies That Don't Test on Animals

Almay
Amazing Cosmetics
Avalon Natural Products
Aveda
Avon
Bath & Body Works
Bobbi Brown
The Body Shop
Bonne Bell
Bumble and bumble
Carma Laboratories
Chanel
Citré Shine
Clarins of Paris
Clinique Laboratories
Conair
C Crabtree & Evelyn Cosmetics
Curad
Dermalogica
Donna Karan Beauty Company
Duprey Cosmetics
Earth 2 Jane
e.l.f. cosmetics
Estée Lauder
Flirt!
Freeman Cosmetics
Garden Botanika
göt2b
Hard Candy
Hello Kitty
Jane Cosmetics
Jason Natural Cosmetics
John Paul Mitchell Systems
Juice Beauty, Inc.
Kate Spade Beauty
Kiss My Face
Lady Mitchum
La Mer
Lander Company
Liz Claiborne Cosmetics
Lush
M.A.C. Cosmetics
Manic Panic
mark
Mary Kay
Merle Norman
Murad
Nexus Products
Nivea
OPI Products
Origins
Physicians Formula
Powerpuff Girls
Prescriptives
Prestige Cosmetics
Purity Cosmetics
Queen Helene
Revlon
Smashbox Cosmetics
Smith & Vandiver
Stila Cosmetics
Strawberry Shortcake
Sudz
Tommy Hilfiger
Tom's of Maine
Too Faced Cosmetics
Townley Cosmetics
Ultima II
Urban Decay
Victoria's Secret
wet n wild

